

ALLERGIES LIST: Jul '19 V1

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Certain ingredients are so prevalent in Asian cooking and our kitchens that we cannot guarantee there will be no traces of them in our dishes. These ingredients are cereals with gluten, peanuts, sesame and soy and are all in RED.	Vegetarian, Vegan, Halal	CEREALS WITH GLUTEN	LUPIN	FISH	MOLLUSCS	CRUSTACEANS	NUTS	PEANUTS	SESAME	SOYBEAN	MUSTARD	CELERY / CELERIAC	MILK	EGG	SULPHUR DIOXIDE	ALCOHOL	MSG	GARLIC	MAY CONTAIN TRACES OF Listed allergens are handled on manufacturing site of base ingredients but are not used as an ingredient in this dish COOKING METHOD : Highlights if cooking equipment (e.g. fryer) handles listed allergen	COMMENTS
SNACKS																				
PRAWN CRACKERS	Hal					YES											YES	YES	wheat, sulphite, fish, sesame Cooked in fryers containing wheat	
EDAMAME	V, Ve, Hal								YES	YES								YES	Cooked in pasta boiler containing wheat	Chilli/sesame oil : optional - without it is free of sesame & garlic
SMALL PLATES																				
ASIAN SHARING PLATTER		WHEAT				YES	BRAZIL NUT	YES	YES	YES				YES	YES	YES	YES	YES	May contain traces of all other allergens see items individually	
MEATY SHARING PLATTER		WHEAT			YES	YES	BRAZIL NUT	YES	YES	YES				YES	YES	YES	YES	YES		
VEGAN SHARING PLATTER	V, Ve, Hal (Contains Mirin)	WHEAT						YES	YES	YES				YES	YES	YES	YES	YES		
STICKY WINGS	Hal (Contains Mirin)	WHEAT							YES	YES				YES	YES			YES	molluscs, crustaceans, peanuts, egg, mustard, celery,nuts, sulphite	Sesame on garnish only - can be made without
STICKY TOFU	V, Ve & Hal (Contains Mirin)	WHEAT							YES	YES				YES	YES			YES		
KOREAN WINGS	Hal	WHEAT							YES	YES				YES	YES			YES	all types of nuts	
GYOZA		WHEAT							YES	YES				YES	YES			YES	mustard, celery, all types of nuts	
VEG GYOZA	V, Hal	WHEAT							YES	YES				YES	YES			YES	all types of nuts	
CORN FRITTERS	V, Ve, Hal	WHEAT						YES						YES					Cooked in fryers containing peanuts & sesame mustard, celery, soybean	Peanuts in dip only - can be made without
COCONUT PRAWNS	Hal	WHEAT				YES								YES	YES			YES	all types of nuts, peanuts, sesame, mustard, celery	
SPRING ROLLS (NO DIP)	V, Ve, Hal	WHEAT							YES									YES	Cooked in fryers containing peanut	
HOI SIN (DIP FOR SPRING ROLLS)	V, Ve, Hal	WHEAT						YES	YES	YES				YES				YES		For peanut free option ask for sweet chilli dip
CHICKEN LETTUCE WRAP	Hal	WHEAT						YES		YES				YES				YES	all other types of nuts	Can be made without peanuts (garnish only)
MUSHROOM LETTUCE WRAP	V, Ve, Hal	WHEAT						YES	YES	YES				YES				YES		
BALINESE PORK BELLY		WHEAT			YES				YES	YES				YES				YES	mustard,celery, peanuts, all types of nuts, milk	
SATAY CHICKEN	Hal ***	WHEAT				YES	BRAZIL NUT	YES		YES				YES				YES	celery, mustard, all other type of nuts Cooked in oven handling pork	
TEMPURA PRAWN (NO DIP)	Hal	WHEAT				YES													milk, soybeans	
TEMPURA VEG (NO DIP)	V, Ve & Hal	WHEAT																	cooked in fryers containing peanuts & sesame milk, soybeans	
TEMPURA DIP	V, Ve, Hal (Contains Mirin)	WHEAT							YES	YES				YES	YES	YES				Sesame in momichi daikon only - can be served without
SALADS FROM THE EAST																				
JAPANESE SALAD PLAIN	V, Ve & Hal	WHEAT							YES	YES				YES				YES		
JAPANESE SALAD CHICKEN	Hal	WHEAT							YES	YES				YES				YES	all types of nuts	Pickled Ginger contains MSG - can be served without
JAPANESE SALAD TOFU	V, Ve & Hal	WHEAT							YES	YES				YES				YES		
JAPANESE SALAD BEEF		WHEAT							YES	YES				YES				YES		
VIETNAMESE SALAD PLAIN	Hal	WHEAT		YES				YES						YES				YES		
VIETNAMESE SALAD CHICKEN	Hal	WHEAT		YES				YES		YES				YES				YES	wheat, nuts, soybean, mustard, celery	Only dressing contains: Fish sauce & peanut oil Can be made without dressing or peanuts Only chicken and beef mariande & onion flakes contain wheat and soybean, can be served without
VIETNAMESE SALAD TOFU	Hal	WHEAT		YES				YES		YES				YES				YES		
VIETNAMESE SALAD BEEF		WHEAT		YES				YES		YES				YES				YES		
THAI SALAD PLAIN	Hal			YES		YES		YES						YES				YES		
THAI SALAD CHICKEN	Hal	WHEAT		YES		YES		YES		YES				YES				YES	all types of nuts	Only dressing contains fish and crustaceans Can be made without dressing or peanuts
THAI SALAD TOFU	Hal			YES		YES		YES		YES				YES				YES		
THAI SALAD BEEF	Hal	WHEAT		YES		YES		YES		YES				YES				YES	all types of nuts	
SIDES																				
SPICY FRUIT SALAD	Hal			YES		YES		YES						YES				YES		
SMACKED CUCUMBER SALAD	V, Ve, Hal	WHEAT							YES	YES				YES				YES	all types of nuts, peanuts, mustard, celery	
MIXED LEAF AND SESAME SALAD	V, Ve, Hal	WHEAT							YES	YES				YES				YES		Pickled Ginger contains MSG - can be served without
KALE & COCONUT STRI-FRY	V, Ve, Hal	WHEAT								YES				YES				YES	mustard, celery, all types of nuts	Only Light Soy contains Wheat & soybeans - can be made without
WOK-FRIED GREENS	V, Ve, Hal	WHEAT								YES				YES				YES	all types of nuts	
JASMINE RICE	V, Ve & Hal																			
STICKY RICE	V, Ve & Hal																			
HOKKIEN NOODLES	V, Ve & Hal (Contains Mirin)	WHEAT							YES	YES				YES					egg, dairy,mustard, celery, barley, all types of nuts, sulphite	
UDON NOODLES	V & Ve, Hal (Contains Mirin)	WHEAT							YES	YES				YES					all types of nuts, sulphite	
ROTI BREAD	V & Ve & Hal	WHEAT								YES										
FRIED EGG	V & Hal													YES						
SOY STAINED EGG	V & Hal (Contains Mirin)	WHEAT								YES				YES					all types of nuts, sulphite	
HOMEMADE SAMBAL	Hal					YES	BRAZIL NUT	YES						YES				YES	sesame, mustard, celery, all type of nuts, soybean	
INDONESIAN RICE	Hal	WHEAT				YES			YES	YES				YES	YES			YES	all types of nuts	
WAY OF THE NOODLE																				
THAI CURRY NOODLES	Hal	WHEAT		YES		YES				YES	YES	YES		YES				YES	all types of nuts, egg, dairy, barley, peanuts, sesame	
YAKI UDON	Hal (Contains Mirin)	WHEAT			YES	YES			YES	YES				YES				YES	all types of nuts	Pickled Ginger contains MSG - can be served without
YAKI UDON VEG	V, Ve (without egg) *** Hal (Contains Mirin)	WHEAT							YES	YES				YES				YES		
SINGAPORE NOODLES	Ask without pork for HAL	WHEAT				YES				YES	YES	YES		YES	YES			YES	all types of nuts, peanuts	Can be made without Pork to make it HALAL dish
SINGAPORE NOODLES VEG	V, Ve (without egg) & Hal	WHEAT								YES	YES	YES		YES	YES			YES	all types of nuts	Can be made without egg for vegans
PAD THAI CHICKEN	Hal			YES				YES						YES	YES			YES		Can be made without peanuts & egg
PAD THAI PRAWN	Hal			YES		YES		YES						YES	YES			YES		
PAD THAI VEG	V, Ve (without egg) & Hal	WHEAT						YES		YES				YES	YES			YES		Can be made without peanuts & egg (for vegans)
INDONESIAN NOODLES CHICKEN / PRAWN	Hal	WHEAT				YES				YES				YES	YES			YES	all types of nuts	
CHICKEN/BEEF RAMEN		WHEAT							YES	YES				YES	YES			YES		
TONKOTSU RAMEN		WHEAT		YES					YES	YES				YES	YES	YES	YES	YES	all types of nuts, peanuts, mustard, celery	can order without egg
VEGETABLE RAMEN	V & Ve Hal ***(soy contains alcohol)	WHEAT / BARLEY							YES	YES				YES				YES	all types of nuts	
LAKSA CHICKEN & SEAFOOD / CHICKEN		WHEAT			YES	YES	BRAZIL NUT	YES		YES		YES	YES	YES				YES	sesame, all other nuts, mustard, egg, dairy, barley	Can be served without Tofu
KATSU UDON SOUP CHICKEN		WHEAT / BARLEY							YES	YES				YES				YES	milk, mustard, celery	can order without egg
KATSU UDON SOUP SWEET POTATO	V & Ve (if ordered without egg) Hal***(egg contains alcohol)	WHEAT / BARLEY							YES	YES				YES				YES		

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FROM THE WOK																				
SATAY CHICKEN & NASI RICE	Hal ***	WHEAT				YES	BRAZIL NUT	YES	YES	YES				YES	YES		YES	YES	celery, mustard, all other type of nuts Cooked in oven handling pork	Only prawn crackers contain MSG, can be made without For sesame and/ or egg free option swap Nasi rice to Jasmine or Sticky rice
THAI FRIED RICE CHICKEN	Hal	WHEAT						YES	YES	YES				YES	YES			YES	all types of nuts, mustard, celery	Can be made without peanuts or eggs
THAI FRIED RICE PRAWN	Hal	WHEAT				YES		YES	YES	YES				YES	YES					
THAI FRIED RICE VEGETARIAN	V, Ve (without egg) & Hal	WHEAT						YES	YES	YES				YES	YES					Can be made without peanuts & tofu & egg (vegans)
NASI GORENG CHICKEN / PRAWN	Hal	WHEAT				YES	BRAZIL NUT	YES	YES	YES				YES	YES		YES	YES	all other types of nuts	Can be made without sesame oil. Only crackers contain MSG - can be made without Only homemade sambal contains nuts(brazil nut) and peanuts - can be made without
PAD KRAPOW BEEF		WHEAT								YES					YES		YES	YES	all types of nuts	Can be made without Garlic
PAD KRAPOW CHICKEN	Hal	WHEAT								YES					YES		YES	YES		
PAD KRAPOW PRAWN	Hal	WHEAT				YES				YES					YES		YES	YES		
PAD KRAPOW TOFU	V, Ve, Hal	WHEAT								YES					YES		YES	YES		
LEMONGRASS CHICKEN	Hal	WHEAT								YES					YES		YES	YES		
LEMONGRASS TOFU	V, Ve, Hal	WHEAT								YES					YES		YES	YES		
TAMARIND DUCK		WHEAT								YES					YES		YES	YES		
TAMARIND TOFU	V, Ve & Hal	WHEAT								YES					YES		YES	YES		
HOT & SOUR PORK		WHEAT		YES				YES	YES	YES					YES		YES	YES		
HOT & SOUR TOFU	V, Ve & Hal	WHEAT						YES	YES	YES					YES		YES	YES		
HOT & SOUR CHICKEN	Hal	WHEAT		YES				YES	YES	YES					YES		YES	YES		
BLACK PEPPER BEEF		WHEAT								YES					YES		YES	YES		
BLACK PEPPER TOFU	V, Ve & Hal	WHEAT								YES					YES		YES	YES		
SOOTHING CURRIES																				
THAI RED CURRY BEEF		WHEAT		YES		YES				YES					YES			YES	all types of nuts	Comments
THAI RED CURRY DUCK				YES		YES									YES			YES	wheat, celery, mustard	
THAI RED CURRY VEG	Hal			YES		YES				YES					YES			YES		Can be made without Tofu
THAI RED CURRY CHICKEN / PRAWN	Hal			YES		YES									YES			YES		
CHICKEN KATSU CURRY	Hal	WHEAT / BARLEY							YES	YES				YES	YES		YES	YES	milk, mustard, celery, all types of nuts, sulphite	Can be made without Side Salad or Curry Sauce
SWEET POTATO KATSU CURRY	V, Ve, Hal	WHEAT / BARLEY							YES	YES					YES		YES	YES	Sweet Potato only : cooked in fryers containing peanuts & sesame	Can be made without Side Salad or Curry Sauce
GREEN CURRY CHICKEN / PRAWN	Hal			YES		YES									YES			YES		
GREEN CURRY VEG	Hal			YES		YES									YES			YES		Can be made without Tofu
SINGAPOREAN PRAWN CURRY	Hal					YES									YES			YES		
SINGAPOREAN CHICKEN CURRY	Hal														YES			YES		
SINGAPOREAN VEG CURRY	V, Ve & Hal									YES					YES			YES		Can be made without Tofu
BEEF RENDANG	Hal (Soy Egg Contains Mirin)	WHEAT				YES	BRAZIL NUT	YES		YES				YES	YES	YES		YES	mustard, celery, all types of nuts, wheat, peanuts, sesame, soybean	Can be served without roti (wheat & soybean) or Soy Egg (alcohol, wheat, soybean) or Peanuts or homemade sambal (crustacean, peanut, brazil nut). Just Beef rendang & rice contains only sulphite as allergen
JACKFRUIT RENDANG	V & Ve & Hal	WHEAT						YES	YES	YES				YES				YES		Only roti & side salad contains wheat & soybean - can be served without Can be served without Peanut or Sambal
CHICKEN MASSAMAN CURRY	Hal	WHEAT		YES		YES		YES	YES	YES				YES				YES	sesame, mustard, celery, molluscs, egg, all other type of nuts	
KIDS MENU																				
MINI EXPLORER	Hal ***	WHEAT								YES				YES				YES	Satay cooked in oven handling pork milk, soybean	Ketjap manis
MINI EXPOLORER VEG	Ve & Hal	WHEAT								YES									milk, soybean	Ketjap manis
JUNIOR EXPLORER	Hal (Contains Mirin)	WHEAT							YES	YES							YES		egg, dairy,mustard, celery, barley, nuts	Soy, mirin, ketjap manis
JUNIOR EXPLORER VEG	V, Ve & Hal (Contains Mirin)	WHEAT							YES	YES							YES			Soy, mirin, ketjap manis
JUNIOR WINGS & RICE	Hal (Contains Mirin)	WHEAT							YES	YES				YES	YES			YES	molluscs, crustaceans, peanuts, egg, mustard, celery, nuts, sulphite	Sesame on garnish only - can be made without
JUNIOR SATAY & RICE	Hal ***	WHEAT				YES	BRAZIL NUT	YES		YES				YES				YES	all other type of nuts Cooked in oven handling pork	
JUNIOR KATSU & RICE	Hal	WHEAT								YES				YES				YES	milk, mustard, celery, all types of nuts	
JUNIOR SWEET POTATO KATSU & RICE	V, Ve, Hal	WHEAT								YES								YES	Sweet Potato only : cooked in fryers containing peanuts & sesame	Can be served without curry sauce (soybean)
DESSERTS																				
MANGO SORBET	V, Ve & Hal																			
ICE CREAM (CINNAMON)	V & Hal												YES	YES						
ICE CREAM (GREEN TEA)	V & Hal												YES							
ICE CREAM (VANILLA)	V & Hal												YES						wheat, egg, all types of nuts, soybean	
ICE CREAM (CHOCOLATE)	V & Hal									YES			YES						wheat, egg, all types of nuts,	Contains malt extract
ROTI PANCAKE	V & Hal	WHEAT								YES			YES	YES					wheat, celery, mustard	
VIETNAMESE BANANA FRITTERS	V & Hal	WHEAT						YES					YES	YES	YES				Cooked in fryers containing sesame	
BANANAS (EXC ICE CREAM & CARAMEL)	V, Ve & Hal	WHEAT						YES							YES				Cooked in fryers containing sesame	
COCONUT CHOCOLATE FONDANT	V & Hal									YES			YES	YES					produced in a workshop handling : all types of nuts, fish(gelatin), sulphites	
CHURROS	V & Hal	WHEAT								YES			YES						Cooked in fryers containing peanut & sesame celery, mustard, wheat, ggs, peanut, all types of nuts	